

Project The impossible is often the untried

1.03.2018.-14.09.2019.

The project is designed to encourage voluntary experience for young people providing support for vulnerable groups: for people who suffer from malignant diseases, elder and disabled people, socially vulnerable, as well as the introduction in the work of humanitarian associations.

The aim of the activities is to improve skills and competencies of volunteers, through practical engagement and non-formal learning methods. Through activities we will encourage the volunteers to participate in community, to be active, to develop empathy for the socially vulnerable groups and to promote social inclusion and solidarity.

Through this project we will ensure a permanent transfer of knowledge, which will be confirmed by Youthpass and with experience of volunteers. This will improve the possibility for the volunteer's employment in their countries and in Europe. The intention is to involve young people who live in difficult social conditions, geographically distant from major cities and / or who left school or have a low education level/ are still in educational process. Through the project we want to provide an opportunity for learning, innovation and discovering their own potential, which volunteers will use after the project's ending. We will seek to influence and to acquire skills that will help volunteers in employment.

We will create a connection between the younger and elder generations, and thus enable intergenerational solidarity and raise the awareness of multiculturalism.

Project activities will be held in the City of Zagreb and its surrounding, where the volunteers will have continuous support in their engagement, organized by Center Circles. All activities have an informal character, which will be used in the practical and theoretical engagement. The methods used through the support for volunteers are educations, evaluations, mentoring, reflections, individual and group support, and oral / written feedback.

You will help target groups:

People under risk: people who suffer from malignant diseases, elder and disabled people. You will help them to bring groceries from supermarket, medicines, walk with them in wheelchairs, talk with them.

Sometimes you will walk with them to the hospital, or visit them when they are resting in hospital. You will also get opportunity to work with children during workshops. All people mostly live alone in bad social conditions, but are very grateful to receive help and see young happy faces. It isn't matter if you don't speak Croatian well because you can also paint with them, make ornaments, play games, just walk till you learn some words. Our previous volunteers from France and Romania were very successful with them:



Here you can check out the video from our volunteers: <https://www.youtube.com/watch?v=rKcKZyCtx04>

All aims will be achieved through:

Primary activities:

1. HUMANITARIAN WORK

- work on charity stand in shopping centers
- work in Donation center
- work on stands in public areas

Voluntary work in gathering donations on the stand in shopping malls, Donation center and public areas in Zagreb. Volunteers will collect donations from citizens in order to help children, youth and families with malignant diseases and socially disadvantaged, and also promote Circles and inform citizens about your and Circles activities.

2. Support for socially excluded groups: users with malignant diseases, socially excluded users, elder and disabled users.

- Home visits
- Accompaniment to doctor and hospital
- Easy housework (vacuuming, cleaning dust, washing dishes)
- Walking, talking, listening
- Bringing medicine and groceries
- Participating in creative workshops / group work with elder people

Every visit lasts for 1- 2 hours.

2. Secondary activities:

1. Work in office

- Editing web and Facebook pages, Youtube channel
- Writing articles for blog and editing Blog page
- Editing photos in Photoshop for Web shop
- preparing flyers, posters, promoting material
- Participating in organizing Manifestations
- Participating on team meetings, educations, supervisions of volunteers, workshops, evaluations, reflections

2. Work with children and youth.

Technical support on workshops, preparing and organizing workshop for children/youth – creative workshops, self-improvement, tolerance, multicultural awareness, anti-bullying, mind-fullness.

* Individual project for each volunteer- last year this was massage for elder and disabled, workshops with children, writing diary about feelings during EVS, making promotion materials, making new jewelry and ornaments by You tube ideas...

Where you will volunteer:

All activities will be held in the Zagreb, capital city of Croatia, where will also be the accommodation for volunteers. It is located in the northwest of the country, along the Sava river, at the southern slopes of the Medvednica mountain.

Zagreb is the headquarters of the economic, political and cultural life in Croatia. The city is broken into 17 urban districts.

Quality land, favorable transit location and total municipal infrastructure, qualified labor force, scientific, professional, educational, health, financial, banking and other institutions, tradition in performing various services, size and quality of economy present essential potentials in Zagreb.

University of Zagreb is the oldest in Croatia and one of the oldest in Europe. It was founded in 1669th.

City of Zagreb is responsible for 38 cultural institutions which include 10 city museums, the most important being the Zagreb City Museum, Museum of Arts and Crafts and the Museum of Contemporary Art. Within the city government operates 14 centers of culture and 7 city theaters.

It is also a town with great opportunity for spending time in nature (Sljeme mountains, lake and outdoor sports around lake Budek and Jarun, park Maksimir) and in vast opportunities for free time for volunteers.

Most activities will take place in urban district Utrina, which are 15 minutes from the centre of Zagreb by public transport. Field volunteering will be also near to the centre of Zagreb, in urban district Travno and Dugave.

Experience of previous volunteers: We successfully lead EVS for two girls from Romania and France, and second for 6 volunteers from Italy, Spain, Poland and Turkey.

You can check more about us on web page: <http://www.krugovi.hr/>, Facebook page: <https://www.facebook.com/udruga.krugovi/?fref=ts> and EVS page: <https://www.facebook.com/EVS-Krugovi-Be-a-Humanist-A-support-in-the-life-of-vulnerable-people-1060547757369990/?fref=ts>

Additional support:

We will organize three levels of support for volunteers: personal, learning and task related support.

Personal support will be in order to help volunteers to adjust to a new town, to users, organizing leisure, working on possible conflicts and problems in tasks.

Learning support will be organized in order to learn skills to work with children, malignant and elder, disabled users, creative skills. We will organize support in learning Croatian language (in practical use, and with theory and non-formal learning methods) and learning about Youth pass and learning process.

Task related support will be with organized with education for task, regular meetings and going on the field with experienced persons.

What we look for in participant:

- Motivation for the project activities
- Plus is if you had experience in working with elder/disabled/sick people
- Basic knowledge in English
- Ability to live with at least three flat mates
- Willing to share a room with one participant /same sex/
- Between 18-30 years old
- You haven't participated in long-term EVS project before
- You have no Criminal Record
- You don't have chronic diseases and/or serious psychical/ **physical** illness